

the little book  
of  
**Aghadoe**  
place of the two yew trees



# Welcome

We are delighted to welcome you to Aghadoe Heights Hotel & Spa. Our name comes from the original celtic name for the area, 'Ath Dha Eo', meaning 'place of the two yew trees'.

The ancient Pagan Celts believed that yew trees had magical and mystical qualities and as such this place became revered by them. The magic of the yew tree was so respected that the ancient druids made their wands out of yew. Aghadoe has been calling visitors here for thousands of years, for celebrations and festivals.

So relax, enjoy a drink and find out about this beautiful place and its long standing connection with nature, folklore and myths.



# introducing Locally Sourced

In our drive to operate as sustainably as possible, our house pours are all sourced locally where possible. please see details below. If you have a specific preference, let us know and we would be delighted to pour that for you

## Dingle Distillery

The Dingle Distillery is an independent family owned distillery located in Dingle, within the Kingdom of Kerry.

### DINGLE GIN

€8.00

*Dingle Gin was awarded World's Best Gin 2019, and won silver at the World Spirits Competition in 2020.*

### DINGLE VODKA

€6.80

*Dingle Vodka has been awarded Best Irish Vodka at the Irish Whiskey awards on no less than 3 occasions*

## Waterford Whiskey

Distilled in Waterford, and the only Irish distillery to grow all their own barley on the Island of Ireland on their 108 Single Origin Farms, this brand offers the most sustainable whiskey on the Irish market. IT tastes pretty delicious too!

### LA CUVÉE

€12.50

#### AKA THE PARTY BOTTLE

*Derived from 25 distinctive Waterford single malts, each one from a single farm origin, blended together.*

### LUNA 1.1

€16.00

#### AKA THE MISTRESS

*Eccentric to some, regenerative to others, biodynamic agriculture goes beyond the ordinary ecological mindset. Drawing upon ancient lore of lunar cycles and exotic preparations, a single farm origin, blended together.*

### PEATED

€13.70

#### AKA SMOKE ON THE WATER

*Arcadian Barley, from our secret garden of delights, explores the flavours, intensity and honesty of old ways. Out of necessity, since the dawn of time, peat (or turf) has been the primary fuel source in rural Ireland, with its sweet pungency familiar to generations gathered around the hearths of ancient thatched cottages.*





# introducing The Liberator

The Liberator Irish Whiskey is made by the O'Connell family on the Lakeview Estate, our neighbours on the lakeshore below the hotel.

The name celebrates their forebear, Daniel O'Connell, the civil rights and anti-slavery campaigner, often cited as Ireland's greatest son. His insistence on peaceful protest only and his powerful oratory united his countrymen to ensure their voice was heard for the first time and was the inspiration for figures from Gandhi to Frederick Douglass. In 2018 the family converted some of their 300 year old stone farm buildings into a bonded warehouse, blending and bottling facility. All of their whiskeys are in small batches and their processes are about as far from industrial whiskey as it gets. Now you can sample their whiskeys here at the Aghadoe Hotel & Spa where we have three to choose from. You can see more of their story on their website [www.waywardirish.com](http://www.waywardirish.com) and choose your favourite on the next page...

## Liberation *our signature cocktail*

Having sampled The Liberator Whiskeys, our mixologists were inspired to create Liberation, our signature cocktail.

Taking inspiration from an Old Fashioned, we use The Liberator Double Port Finish mixed with cherry & orange bitters and sugar syrup. Stirred over ice and garnished with a twist of orange. But what makes this really special and unique to Aghadoe, is that we then smoke it, using oak chips made from the same unique barrels in which the whiskey was matured. This rich and intense smokiness pairs exceptionally well with dark spirits like whiskey or bourbon, enhancing their complexity and depth... an experience not to be missed!



# The Liberator Whiskeys

## The Liberator Malt in Tawny Port Finish

€12.00

*Two single malts from different distilleries blended together and finished in really fresh Tawny Port casks, making a rich and complex whiskey. A whiskey drinker's whiskey!*

## The Liberator Double Port Finish

€10.00

*Our premium blended whiskey with a high 42% malt content finished in Tawny Port casks and the grain element finished in Ruby Port casks. Approachable, great on its own or in cocktails.*

## Lakeview Single Estate Whiskey

€15.00

*A Single Pot Still, Ireland's traditional whiskey style. Made from our own barley, grown and matured on our land in Fossa. As local as it gets!*

## The Liberation (The Aghadoe Signature Cocktail)

€18.00

*Taking inspiration from an Old Fashioned, 50ml of The Liberator Double Port Finish, cherry & orange bitters, sugar syrup, ice and garnished with a twist of orange, and smoked over oak chips.*



# Aghadoe Cocktails

If you can't find your tippie, our five star mixologists will create something you are bound to love

## Sparkling

Bellini

€16.50

**FRUITY • LIGHT • SPARKLING**

*Fresh Peach Purée, Prosecco*

**contains sulphites**

Skellig

€17.00

**BUBBLY • COOL • HERBATIOUS**

*Gin, Elderflower, Mint, Rose,  
Rosé Wine, Elderflower Tonic*

**contains sulphites**

## Alcohol Free

Applenotini

€10.50

**LIGHT • TANGY • FLORAL**

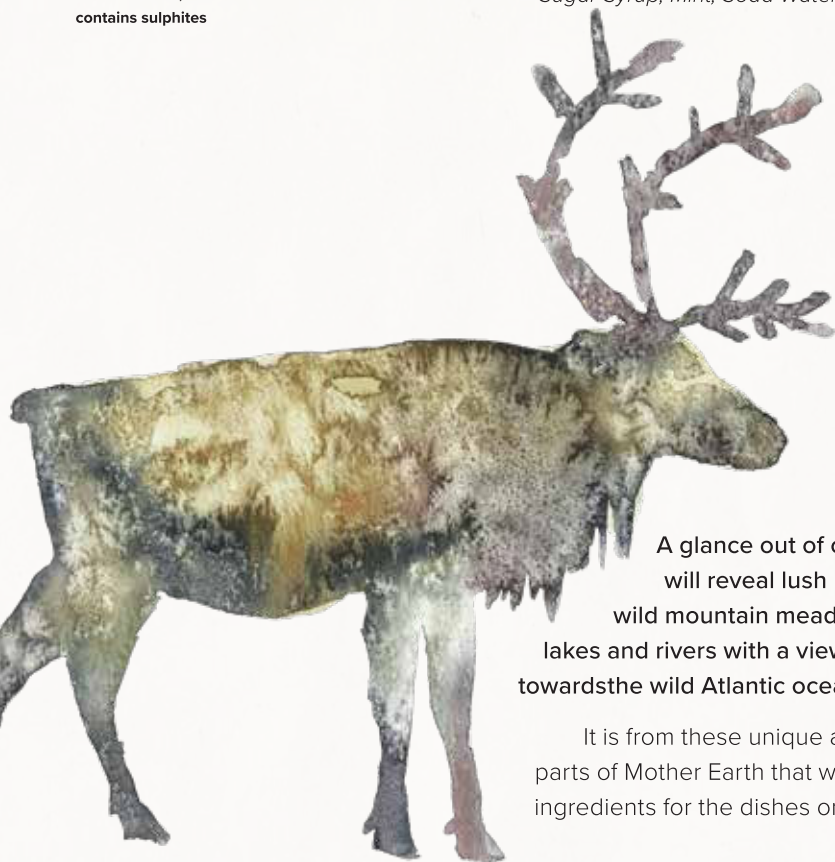
*Apple, Elderflower, Sugar  
Lime, Soda water*

Nojito

€10.50

**REFRESHING • BUBBLY • SWEET**

*Strawberry, Passionfruit, Lime  
Sugar Syrup, Mint, Soda Water*



A glance out of our windows will reveal lush pastureland, wild mountain meadows, serene lakes and rivers with a view north west towards the wild Atlantic ocean at Dingle.

It is from these unique and bountiful parts of Mother Earth that we source the ingredients for the dishes on our menus.



## The Classics

### Manhattan

**BOOZY • WARM • SWEET**

Bourbon, Sweet Vermouth  
Aromatic Bitter

€16.50

### Mai Tai

**NUTTY • ZESTY • TROPICAL**

White Rum, Dark Rum  
Curacao, Lime Juice, Orgeat

€16.50

### Clover Club

**SWEET • AROMATIC • SILKY**

Gin, Chambord, Lemon Juice  
Raspberry Syrup, Egg Whites  
contains egg

€16.50

### Side Car

**WARM • LIGHT • ZESTY**

Brandy, Lemon Juice, Cointreau

€16.50

### The Original Sunrise

**ZESTY • EARTHY • BERRY**

Tequila, Lime Juice, Sugar  
Syrup, Crème de Mûre

€16.50

### Ramos Gin Fizz

**FLORAL • TANGY • CREAMY**

Gin, Lemon juice, Heavy Cream  
Egg whites, Vanilla, Orange  
Blossom, Soda water  
contains egg and dairy

€15.50

### Don Special Daiquiri

**COMPLEX • ZESTY • BOOZY**

White Rum, Dark Rum, Spiced  
Rum, Passionfruit, Lime Juice,  
Agave Syrup

€16.50

### Paloma

**BITTER • WARM • BUBBLY**

Silver Tequila, Grapefruit Juice  
Lime Juice, Agave Syrup, Soda Water

€16.00



## Signature Cocktails

### Blue Drop

**EARTHY • ZESTY • FLOWERY**

Dingle Gin, Violet Liquor  
Maraschino Liquor, Lemon

€17.00

### Black Forest

**PUNCHY • SWEET • RICH**

Bacardi, Chambord, Pineapple  
Juice, Chocolate Bitters,  
Lime Juice, Raspberry Purée

€17.00

### Frost Fall

**SMOOTH • FRESH • FRAGRANT**

Rhubarb Gin, Lemon Juice,  
Sugar Syrup, Egg Whites,  
Strawberries  
contains egg

€17.00

### French Twist

**NUTTY • BRIGHT • WARM**

Brandy, Frangelico, Orgeat  
Lemon, Sugar, Egg Whites, Basil  
contains hazelnut and egg

€17.00

### Aghadoe Afternoon Tea

**EARTHY • FRUITY • FRESH**

Pink Gin, Aperol, Cointreau,  
Lemon Juice, Summer Berry Tea,  
Apple Syrup, Rose Syrup, Rosé Wine  
contains sulphites

€17.00

Looking across the majestic peaks of the McGillicuddy Reeks, your eye will be drawn to twin peaks rising majestically skywards.

One of these peaks is Carrantuohill, the highest peak in Ireland. Reaching 1,038 metres high, it is the central peak of the MacGillicuddy Reeks range. The peak can be reached by hiking and scrambling and is a wonderful day out.

We suggest taking a guide if you are interested in adding this one to your achievements!

Whiskey  
bourbon  
whisky  
scotch  
rye





## Irish

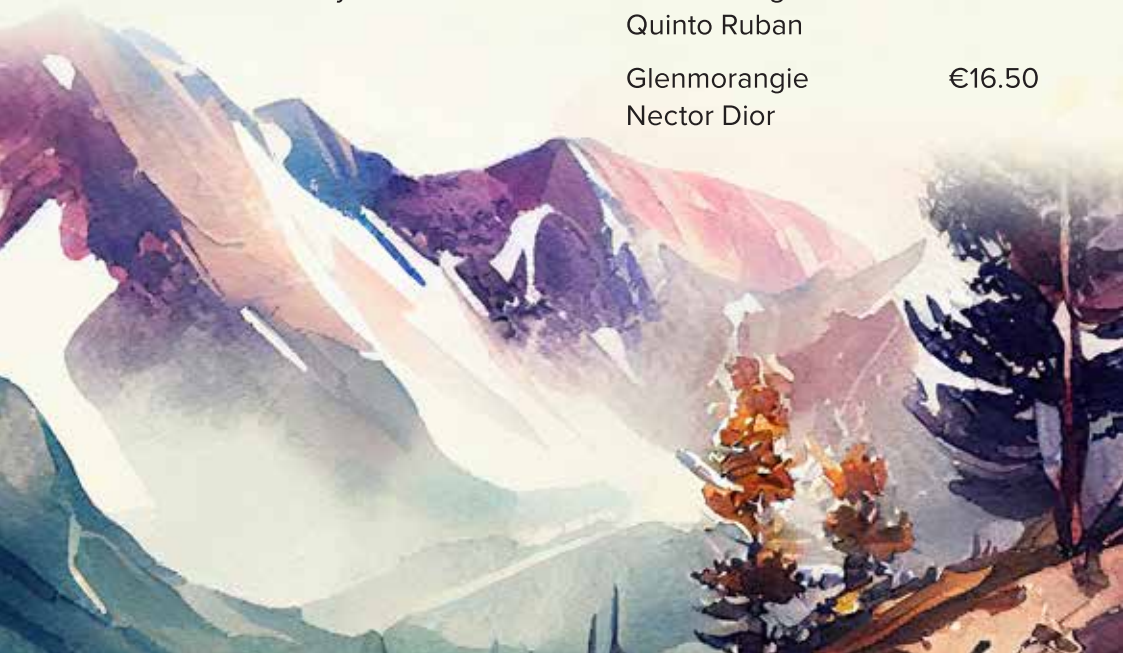
|  |        |
|--|--------|
| Skellig Small Batch<br>PX Sherry Cask Finish | €8.50  |
| Paddy  | €7.00  |
| Jameson                                      | €7.00  |
| Jameson Crested                              | €9.00  |
| Jameson Black Barrel                         | €12.00 |
| Bushmills 10 yr<br>Single Malt               | €10.00 |
| Bushmills Original                           | €6.50  |
| Black Bush                                   | €7.50  |
| Green Spot                                   | €12.00 |
| Yellow Spot 12 yr                            | €16.00 |
| Red Breast 12 yr                             | €14.00 |
| Red Breast 15 yr                             | €25.00 |
| Red Breast 21 yr                             | €45.00 |

## American

|                      |        |
|----------------------|--------|
| Woodford Reserve     | €9.50  |
| Woodford Reserve Rye | €11.50 |
| Bulleit Bourbon      | €10.00 |
| Bulleit Rye          | €10.00 |
| Jack Daniels         | €7.00  |
| Maker's Mark         | €9.50  |

## Scotch

|                              |        |
|------------------------------|--------|
| Talisker 10 yr               | €11.50 |
| Johnnie Walker Red           | €6.50  |
| Johnnie Walker Black         | €9.00  |
| Johnnie Walker Blue          | €45.00 |
| Glenmorangie 10 yr           | €12.50 |
| Glenmorangie<br>Quinto Ruban | €14.50 |
| Glenmorangie<br>Nector Dior  | €16.50 |



# Premium Drinks

## Gin & Vodka

|                               |        |
|-------------------------------|--------|
| Dingle Gin                    | €8.00  |
| <small>contains wheat</small> |        |
| Skellig Six 18 Pot Still Gin  | €10.00 |
| Brockmans Gin                 | €10.00 |
| Gunpowder Gin                 | €10.00 |
| Belvedere Gin                 | €11.00 |
| Tanqueray Gin                 | €7.00  |
| Hendricks Gin                 | €9.50  |
| Bombay Gin                    | €8.00  |
| Monkey 47                     | €16.00 |
| Grey Goose                    | €14.00 |
| Ketel One                     | €7.50  |
| Titos Vodka                   | €7.00  |
| Berthas Revenge Sloe Gin      | €7.00  |

## Rum

|                        |        |
|------------------------|--------|
| Bacardi Blanco         | €6.00  |
| Havana 7 yr Dark       | €9.50  |
| Havana 3 yr White      | €6.50  |
| Captain Morgan, Spiced | €6.00  |
| Seadog Dark            | €6.00  |
| Kraken Dark, Spiced    | €9.50  |
| Zacapa                 | €15.50 |

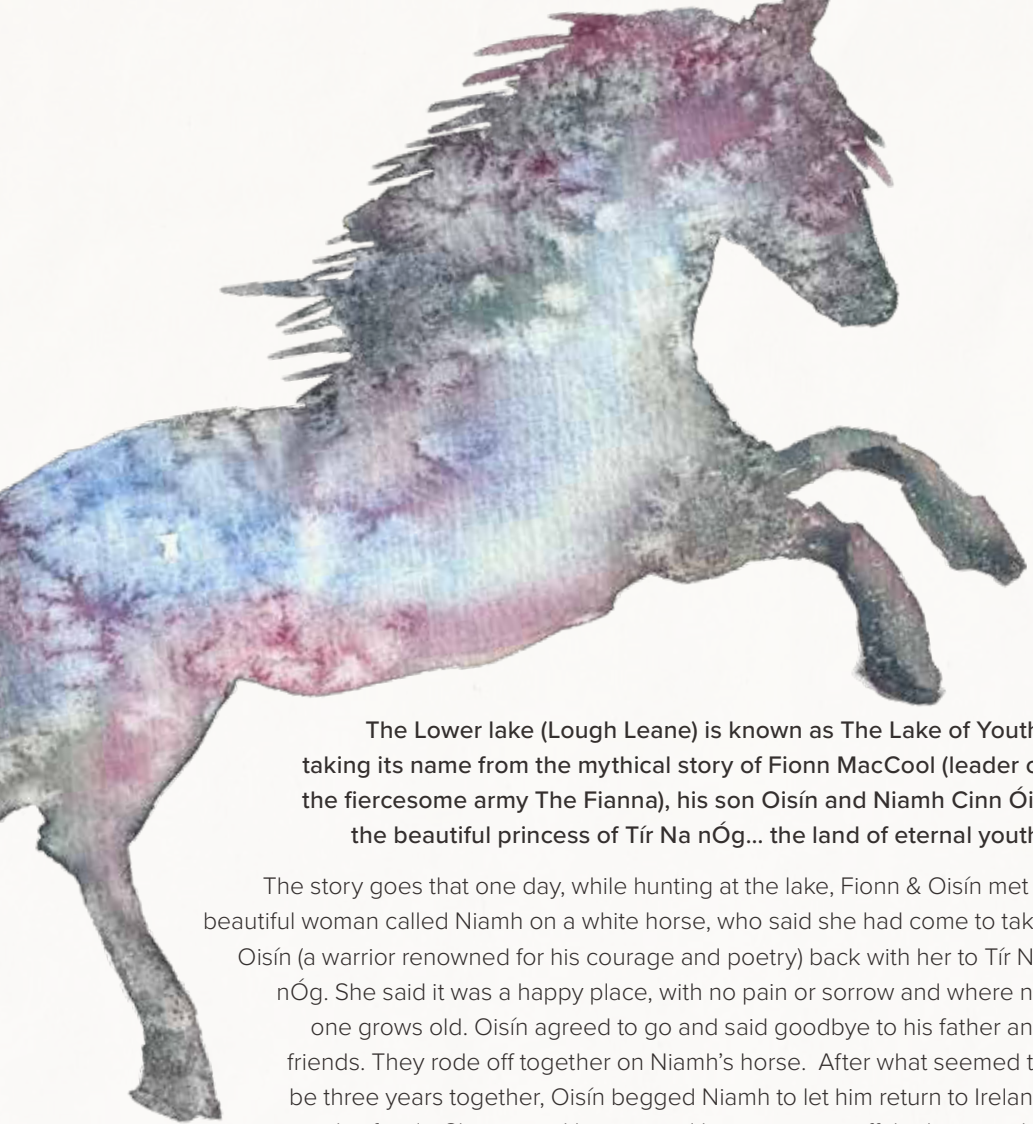
## Cognac

|                     |        |
|---------------------|--------|
| Remy Martin V.S.O.P | €9.00  |
| Hennessy Paradis    | €90.00 |
| Hennessy X.O.       | €35.00 |
| Hennessy V.S.       | €7.50  |



## Liquor Coffee

|                              |       |
|------------------------------|-------|
| Irish Coffee                 | €9.50 |
| <small>contains milk</small> |       |
| Calypso Coffee               | €9.50 |
| <small>contains milk</small> |       |
| French Coffee                | €9.50 |
| <small>contains milk</small> |       |
| Baileys Coffee               | €9.50 |
| <small>contains milk</small> |       |



The Lower lake (Lough Leane) is known as The Lake of Youth, taking its name from the mythical story of Fionn MacCool (leader of the fierce army The Fianna), his son Oisín and Niamh Cinn Óir, the beautiful princess of Tír Na nÓg... the land of eternal youth.

The story goes that one day, while hunting at the lake, Fionn & Oisín met a beautiful woman called Niamh on a white horse, who said she had come to take Oisín (a warrior renowned for his courage and poetry) back with her to Tír Na nÓg. She said it was a happy place, with no pain or sorrow and where no one grows old. Oisín agreed to go and said goodbye to his father and friends. They rode off together on Niamh's horse. After what seemed to be three years together, Oisín begged Niamh to let him return to Ireland to see his family. She agreed but warned him not to get off the horse or let his feet touch the ground, or he wouldn't be able to return to Tír Na nÓg. He headed off on her magical white horse but when he arrived back in Ireland, he didn't recognise the place, or any of the people. He came across some men struggling to move a rock and stopped to ask them where he could find Fionn and the Fianna. The men replied that they had heard stories of the Fianna but that they were dead and gone over three hundred years. It was then that Oisín realised that time slows down in Tír Na nÓg. He was heartbroken but got ready to return to Tír Na nÓg to live out his days with Niamh. Before leaving, he offered to help the men. Remembering Niamh's warning he leaned over to pick up the rock, while still mounted on the horse, and fell off. The moment his feet touched the ground he immediately aged 300 years and died soon after.



## Red Wines by the Glass

### Fuego Tempranillo

€10.00

*An easy drinking red wine with aromas of berries, plums, vanilla and herbs. Medium bodied with a good style and a smooth finish.*

**LA MANCHA, SPAIN, 2022**

### Sire Cochet, Merlot / Grenache

€11.00

*Red berry aromas. Good structure and fresh fruit flavours with an impressive length. Will perfectly match traditional cooking (shepherd's pie, gratins, steak au poivre), grilled meat and cheese.*

**IGP PAYS D'OC, FRANCE, 2022**

### Beau Chêne, Cabernet Sauvignon

€12.00

*This wine has a lovely deep red colour. It exhales delicious scents of blackcurrant and strawberry enhanced by green pepper hints which are very typical of a Cabernet Sauvignon grape. It is an elegant, complex and velvety wine. Its rich and complex aromas will perfectly match traditional cooking (shepherd's pie, gratins, steak au poivre), grilled meat and cheese.*

**PAYS D'OC, FRANCE, 2021/2022**

### Château Lagrange, Saint-Emilion

€13.50

*Attractive red colour. The nose is expressive and fresh, with notes of fruit and wood. The mouth is full and structured on persistent woody notes.*

**BORDEAUX, FRANCE, 2019/2020**

### El Caminador Cabernet Sauvignon

€11.00

*Intense red/violet colour. Aromas of fresh red fruits with hints of pepper and jam. Soft, round mouth with sweet ripe tannins.*

**CENTRAL VALLEY, CHILE, 2021**

all of our wines contain sulphites

## Wines by the glass (and castles by the lake)

Amongst the trees on the lake shore is  
the distinctive silhouette of Ross Castle

The castle was the last stronghold in Ireland to be taken by Cromwell's army, finally falling in the 17<sup>th</sup> century. On hearing the legend that the castle, built circa 1535, could never be taken by land, the army approached the castle by boat across the lake and the castle guards surrendered without a battle.



## White Wines by the Glass

### Fuego, Verdejo Blanco

€10.00

*Gentle aromas of green leaves and vanilla rise from the glass. Very nicely rounded flavours of grapefruit and pears, with beautifully integrated acidity and a long lingering finish.*

**LA MANCHA, SPAIN, 2022**

### Sire Cochet, Sauvignon Blanc / Grenache

€11.00

*Fruity with grapefruit aromas, crisp and pleasant palate. Easy to enjoy.*

**IGP PAYS D'OC, FRANCE, 2022**

### Beau Chêne, Chardonnay

€12.00

*This wine has a lovely golden colour. Aromatic, elegant and generous, it has delicious aromas of pear and pineapple. This Chardonnay will perfectly match fish and chicken dishes. It is also excellent served on its own or as an aperitif.*

**PAYS D'OC, FRANCE, 2018**

### Isoletta Lucido, Pinot Grigio (Vegan)

€12.00

*Bright straw yellow colour. On the nose a delicate bouquet of elder blossoms. On the palate it is fragrant with a pleasant citrus aroma and a long and persistent finish.*

**SICILIA, ITALY, 2022**

### Villa Huesgen, "By The Glass" Riesling

€14.00

*Well-balanced with a fresh acidity, elegant fruit and a discreet minerality. Aromas of juicy apple and apricot with a hint of lemon.*

**MOSEL, GERMANY, 2021**

### El Caminador, Sauvignon Blanc

€11.00

*Classic, zesty citrus aromas with light, juicy fruits and a satisfying, long dry finish.*

**CENTRAL VALLEY, CHILE, 2022**

### Bellefontaine Grenache Rosé

€11.00

*Supple and moreish, this is a delightful French rosé, pale raspberry pink with appealing soft berry aromas, flavours of fresh summer fruits and a crisp finish.*

**LANGUEDOC-ROUSSILLON, FRANCE, 2021**

all of our wines contain sulphites

## Alcohol Free Wines by the Glass

### Torres, Natureo Alcohol Free (Vegan) Syrah/Grenache

€8.00

*Tastes of the Garnacha and Syrah grapes from which it is made. Fantastic structure with lots of bright ripe berry fruit but above all the feeling that this is actually wine.*

**SPAIN**

### Torres, Natureo Alcohol Free (Vegan) Moscatel

€8.00

*This is one of the best de-alcoholised wines made anywhere by anybody. This smells and tastes like, good white wine and have all positive attributes we look for. Very aromatic with ripe white peach, floral character and a lively grapiness from the Muscat.*

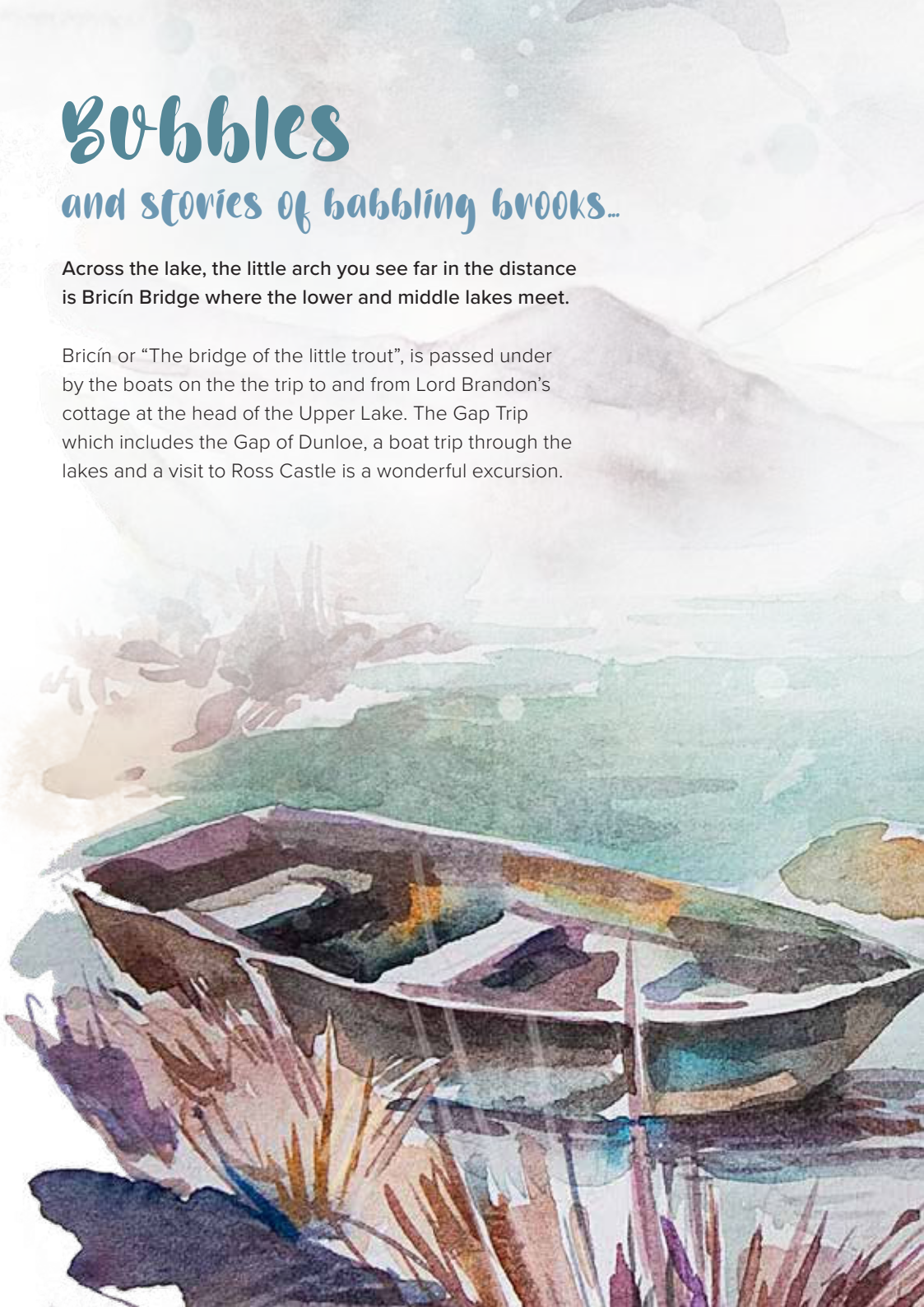
**SPAIN**

# Bubbles

## and stories of babbling brooks...

Across the lake, the little arch you see far in the distance is Bricín Bridge where the lower and middle lakes meet.

Bricín or “The bridge of the little trout”, is passed under by the boats on the the trip to and from Lord Brandon’s cottage at the head of the Upper Lake. The Gap Trip which includes the Gap of Dunloe, a boat trip through the lakes and a visit to Ross Castle is a wonderful excursion.





## Bubbles by the Glass

### Maschio, Prosecco Frizzante

€16.00

*Straw yellow with lively perlage, the bouquet is fresh, fruity & aromatic on the palate. It characteristically combines softness and freshness, thanks to perfectly balanced acidity.*

ITALY VEGAN

### Maschio, Frizzante Pinot Rosé

€16.00

*Beautiful vibrant Rosé, alpine strawberry, black raspberry, Italian dark cherries and crushed stone. Smooth, long... these bubbles deliver!*

ITALY VEGAN

## Alcohol Free Bubbles by the Glass

### Nozeco, Sparkling White

€7.00

*Nozeco de-alcoholised sparkling wine, pale yellow and elegant colour with fine bubbles. Expressive, with intense fruity notes, dominated by white flowers and muscated white grapes. Well-balanced on the palate, good structure and finish.*

SPAIN VEGAN

### Nozeco, Sparkling Rosé

€7.00

*De-alcoholised clear rosé with fine bubbles. Well-balanced with notes of white strawberry and red fruits.*

SPAIN VEGAN

all of our bubbles contain sulphites

## Bottled Beer

Heineken 330ml €6.70  
contains barley

Heineken 0.0 €6.00  
contains barley

Coors Light €6.70  
contains wheat & barley

Corona €6.70  
contains barley

Peroni €7.00  
contains barley

Cronins Cider €7.50  
contains sulphites

Cronins Cider 0.0 €6.00  
contains sulphites

Kopperberg Cider €7.50  
contains sulphites

Bulmers Cider €6.70  
contains sulphites

## Spirit Enhancers

Fever Tree Mixers €4.50  
*Indian Tonic Water, Light Tonic Water, Elderflower Tonic Water, Soda Water, Ginger Ale.*

Schweppes Mixers €4.00  
*Tonic Water, Soda Water*

## Draught Beer

|                 | Glass | Pint  |
|-----------------|-------|-------|
| Guinness Stout  | €3.80 | €6.80 |
| contains barley |       |       |

|                    |       |       |
|--------------------|-------|-------|
| Smithwicks Red Ale | €3.80 | €7.20 |
| contains barley    |       |       |

|                     |       |       |
|---------------------|-------|-------|
| Birra Moretti Lager | €4.20 | €8.20 |
| contains barley     |       |       |

|                 |       |       |
|-----------------|-------|-------|
| Killarney Lager | €4.10 | €7.00 |
| contains barley |       |       |

|                 |       |       |
|-----------------|-------|-------|
| Heineken Lager  | €4.20 | €7.40 |
| contains barley |       |       |

## Soft Drinks

|                          |       |
|--------------------------|-------|
| Coke/Diet Coke/Coke Zero | €4.50 |
|--------------------------|-------|

|        |       |
|--------|-------|
| Sprite | €4.50 |
|--------|-------|

|                          |       |
|--------------------------|-------|
| Fanta Orange/Fanta Lemon | €4.50 |
|--------------------------|-------|

|          |       |
|----------|-------|
| Lucozade | €4.50 |
|----------|-------|

|                   |       |
|-------------------|-------|
| Homemade Lemonade | €4.00 |
|-------------------|-------|

|        |       |
|--------|-------|
| Juices | €3.50 |
|--------|-------|

*Orange Juice, Apple Juice, Grapefruit Juice  
Cranberry Juice, Pineapple Juice, Tomato Juice*

## Bottled Water

|                          | 250ml | 750ml |
|--------------------------|-------|-------|
| Acqua Panna Still        | €4.00 | €7.50 |
| San Pellegrino Sparkling | €4.00 | €7.50 |

These beautiful, ancient lands were formed by the movement of earth's tectonic plates 2 million years ago and polished by the snow and ice of glaciers 10,000 years ago.

Myth says that a young lady, distracted by her warrior lover, forgot to replace the capstone in the family well and by morning, water had filled the valley creating the Lakes of Killarney.

