HEIGHTS LOUNGE

SANDWICHES

Available daily from 12pm-6pm

ADD A SMALL SIDE OF SKIN ON FRIES
TO ANY OF OUR SANDWICH OPTIONS FOR +3.50
contain soya, sulphites

CHICKEN TIKKA BRIOCHE 14.50
saffron aioli, pickled red onion, eve's tomato relish,
local organic leaves
contains wheat, egg, milk, soya, mustard, sulphites

OPEN KERRY SMOKED SALMON & PRAWNS 18.50
garlic & herb cream cheese, homemade guinness bread,
local organic leaves, capers
contains wheat, oat, fish, crustacean, milk, sulphites, mustard

HEIGHTS LOUNGE TOASTIE 14.50
grilled sourdough, crumbed ham, eve's relish,
cashel cheddar, local organic leaves
contains wheat, soya, milk, celery, mustard, sulphites

Some of the local suppliers featured on our menu

Oysters
Realt Na Mara, Cromane, Kerry

Beef
T. Cronin Butchers, Killarney, Kerry

Mozzarella
Toonsbridge, Cork

Chicken
Tim Jones, Killarney, Kerry

Cured Meat & Charcuteries
On the Wild Side, Castlegregory, Kerry

Ice-Cream & Yoghurt
Muckross Creamery, Killarney

Goatsbridge Trout Caviar
Thomastown, Kilkenny

Organic Leaves, Vegetables & Herbs
Little Black Hill Farm, Killarney, Kerry

Relish & Chutney
Eves Leaves, Cahersiveen, Kerry

Fish & Seafood
Spillane's Seafood, Killarney, Kerry
Star Seafood, Kenmare, Kerry

ALL OUR BEEF IS OF IRISH ORIGIN

STARTERS

Available daily from 12pm-9pm

MARKET FRESH SOUP OF THE DAY 9.50
house-made guinness bread - ask your server for details
contains wheat, oat, milk, sulphites, celery
vegetarian or vegan option available

CASSOLETTE OF GLENBEIGH MUSSELS 16.50
garlic sourdough, kerry chorizo, white wine cream
contains wheat, mollusc, milk, sulphites, celery

CROMANE OYSTERS 9.50
cider & shallot mignonette, lemon
contains mollusc, sulphites
available as a main course €19.00

AGHADOE SIGNATURE CAESAR SALAD 14.50
parmesan, smoked lardons, croutons, crispy hen's egg
contains wheat, egg, fish, milk, celery, mustard, sulphites
vegetarian option available
available as a main course €21.00
add grilled chicken **contains soya** +5.00
add sautéed prawns **contains crustacean** +7.00

AGHADOE HOUSE SALAD 14.50
local organic leaves, butternut squash, cashel blue cheese, caramelised walnuts, sunflower seeds, house vinaigrette
contains milk, walnut, celery, mustard, sulphites
vegan option available
available as a main course €21.00
add grilled chicken **contains soya** +5.00
add sautéed prawns **contains crustacean** +7.00

TRADITIONAL FRENCH ONION SOUP 12.50
lost valley mountain cheese, sourdough crouton
contains wheat, sulphites, mustard, celery, milk

TOONSBRIDGE MOZZARELLA ARANCINO 12.50
tomato fresca, rocket leaves
contains egg, milk, sulphites, mustard

KERRY CURED MEAT & ARTISAN CHEESE BOARD 34.00
olives, pickles, walnuts, relish, quince
contains wheat, milk, walnut, celery, mustard, sulphites

MAIN COURSES

Available daily from 12pm-9pm

BBQ BRAISED JACOB'S LADDER 28.50
braised red cabbage, chimichurri mayo, skin on fries
contains celery, mustard, milk, sulphites, egg

WILD ATLANTIC LINE CAUGHT FISH 27.00
crisp beer batter, homemade tartare sauce, peas, lemon, skin on fries
contains fish, mustard, sulphites

AGHADOE SIGNATURE BURGER 25.50
brioche bun, irish beef & bone marrow patty, truffle mayonnaise,
cashel reserve cheddar, baby gem, tomato, skin on fries
contains wheat, egg, soya, mustard, sulphites, milk

CHICKEN LOUISIANA BURGER 25.50
breaded chicken fillet coated in frank's hot sauce,
baby gem, eve's relish, skin on fries
contains wheat, milk, soya, sulphites, mustard

AGHADOE HOUSE FISH PIE 28.00
locally sourced fish & shellfish, white wine cream, parmesan mash potato
contains celery, fish, crustacean, egg, mollusc, milk, mustard, sulphites

IRISH CHICKEN SUPREME NORMANDE 28.00
silverskin onions, mushrooms, smoked lardons,
mash potato, cronin's cider cream sauce
contains milk, celery, mustard, sulphites

CHERRY VINE TOMATO FARFALLE 21.00
roasted tomato & oregano sauce, st tola goat's cheese
contains wheat, egg, milk, sulphites
vegetarian or vegan option available

add grilled chicken **contains soya** +5.00
add sautéed prawns **contains crustacean** +7.00

SIDE ORDERS

CREAMED MASH POTATO 6.50
contains milk, sulphites

SKIN ON FRIES 6.50
contains soya, sulphites

LOADED TRUFFLE FRIES 9.50
contains soya, sulphites, egg, milk

LOCAL ORGANIC SIDE SALAD 7.00
contains soya, mustard, sulphites, almond, pine nut

SEASONAL BUTTERED VEGETABLES 7.00
contains milk

CHEESE MENU

THE IRISH FARMHOUSE CHEESE PLATTER 18.50
for you or to share… Cashel Blue, Cooleeney, Milleens and Smoked Applewood Cheddar, served with chutney, fruit and crackers
contains wheat, barley, milk, walnuts, mustard, sulphites

CASHEL BLUE CHEESE, CO. TIPPERARY 6.90
with beetroot crisp, coffee & cocoa and warm Aghadoe Honey
Cashel Blue is Ireland's first farmhouse blue cheese. It has a crumbly texture when young but as it matures it becomes semi soft with a strong flavour. Earthy flavour pairing from the beetroot and coffee finished with our own honey will soften this robust blue cheese.
contains wheat, egg, soya, milk, almonds
Pair it with a taste of Dow's LBV Port Wine +3.50

COOLEENEY FARMHOUSE CHEESE 5.90
with truffle salt, sweet fermented walnut, crispy lavash bread
Produced by Cooleeney in Co. Tipperary , this cheese is a camembert type cheese with a bloomy white rind. It is mild when young and as it matures the cheese softens and develops an aromatic clean flavour. For this cheese we went with a classic walnut and truffle combination.
contains wheat, egg, milk, walnut
Pair it with a taste of Graham Organic Port Wine +3.50

MILLEENS FARMHOUSE THYME & PINK PEPPERCORN INFUSED IRISH RAPESEED OIL CHEESE 5.90
with apple, cronin's cider & saffron chutney, potato cracker
A mature Milleens exhibits all the classic characteristics of a semi soft cheese. Its pronounced aroma indicates maturity and correct development. The oil infusion will temper the strength of the cheese and the sharp chutney will pair perfectly with this cheese. Made in County Cork.
contains soya, milk, mustard, sulphites
Pair it with a taste of Kracher, Cuvee Auslese +4.00

MOSSFIELD ORGANIC CHEESE 6.90
CUMIN & RED WINE PRESSED CHEESE
with mout de raisin mustard, grapes, crackers
Mossfield organic cheese is a handmade farmhouse hard cheese made in Co. Offaly. It is a multiple award winner inclusive of the World cheese award. We brush it with a Beaujolais Fleurie to add a unique characteristic to this already beautiful cheese.
contains wheat, milk, mustard, sulphites
Pair it with a taste of Organic Domaine Bousquet +4.00

DESSERTS

PECAN & WALNUT TART 13.50
miso chocolate creameux, pistachio ice cream
contains wheat, egg, milk, pistachio, soya, pecan, walnut

WARM STICKY TOFFEE PUDDING 13.00
guerande salt caramel sauce, rum & raisin ice cream
contains wheat, milk, egg, sulphites

WARM APPLE CRUMBLE 13.00
muckross creamery vanilla ice-cream, crème anglaise
contains milk, egg, almond, hazelnut, pistachio, walnut, wheat

CLASSIC VANILLA CRÈME BRÛLÉE 13.50
allumette royal
contains milk, egg, wheat

CHEESECAKE OF THE DAY 13.50
ask your server for details
contains milk, egg, almond, hazelnut, pistachio, walnut, wheat, soya

AFFOGATO 12.50
muckross creamery ice-cream, irish mist sabayon, subirana organic espresso
contains milk

HOT DRINKS

BARISTA COFFEES AND HERBAL TEAS AVAILABLE

Please note all hot drinks, herbal teas & speciality coffees are served with homemade mignardise which contain allergens - please ask your server for details